



**Location:** Southlake Baptist Church Gym, 1101 North Carroll Avenue, Southlake, TX 76092 (Phone 817.912.1234)

**Dates:** Tuesday and Thursdays – June 17 to July 31

**Time:** 6:00 to 7:15 PM

**Cost:** \$150.00 (make checks payable to Southlake Baptist Church)

**Southlake Baptist Football Middle School Transition Course** football skills summer course that does not compromise on teaching kids about Jesus Christ and His teachings or teaching the kids the highest level of football fundamentals.

The course is specifically designed to help kids prepare for 7th grade football and their personal life transition from 6th to 7th grade. The course will be taught by Jarrett Bates and other local coaches. Jarrett is the Carroll Middle School Athletic Coordinator and Head Football Coach.



### Athletic Training

The football portion of the course will address each area that the athletes will be subject to once they enter the 7th grade. Specific areas include:

**Offense:** Quarterback, Wide Receiver, Running Back, and Offensive Line

**Defense:** Defensive Line, Linebacker, and Secondary

In each of the above, students will learn the techniques, drills, and schemes of each position. They will learn the plays that are run on both offense and defense.

Furthermore, the football portion of the course aims at allowing the athletes to enter the 7th grade knowing the skills, drills, and procedures that will be used every day. Upon completion of this course, the athlete will be prepared for all of the demands of a 7th grade football player.

**In addition to football preparation, we will deal with important life skills that will prepare them to deal with the challenges of middle school.**

### Character Traits We Will Cover

- ▶ **Patience** is showing tolerance and fortitude to others, and even accepting difficult situations from them and God without making demands and conditions.
- ▶ **Kindness** is practicing benevolence and a loving attitude toward others.
- ▶ **Self-Control** will allow us to have discipline and restraint, with obedience to God and others.
- ▶ **Humility** minimizes arrogance and removes pride.
- ▶ **Honesty & Truthfulness** mean being straight and honest with others and doing what is right.
- ▶ **Gratitude** is an attitude of being thankful, even when we do not see what we have.
- ▶ **Contentment** is the attitude of accepting whatever God provides for us, and being happy with it.
- ▶ **Purity & Holiness** is being set apart for God's use, which is holiness in action. It does not allow us to be contaminated nor interfere with others in our growth and relationship in Christ.
- ▶ **Encouragement** will lift, support, and help others up through difficult circumstances, all from God's perspective.
- ▶ **Not to swear or slander** is refusing to verbally hurt others!
- ▶ **Endurance** is the inner strength to remain in Him with staying power in order to accomplish God's will.
- ▶ **Loyalty** is remaining committed to those whom God has brought into our lives and has called us to serve, even in times of difficulty.
- ▶ **Respectful** is being polite and courteous to the people and the civil authorities God has placed in our lives.



Registration:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Grade (Fall '14) \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Emergency Phone \_\_\_\_\_

Release of Liability

I hereby waive and release for myself and my heirs, any and all rights or claims I may have against Southlake Baptist Church and each of their respective agents, employees, servants officers, directors, and representatives, for injury or illness arising out of or in any way connected with my participation in the Football Middle School Transition Course. I further agree to indemnify and hold harmless of each said persons or property which may arise by virtue of my participation in the Summer Middle School Transition Course. I understand there are certain risks and dangers associated with all activity involved in the Summer Middle School Transition Course and the use of the facility. Injuries can and do occur during Summer Middle School Transition Course. I hereby grant permission for trainers, doctors and their designees to administer appropriate medical care, antiseptics or injuries, and to perform emergency procedures as necessary. Participant agrees to waive any claim against Southlake Baptist Church for any damage, loss, cost, expense, or liability resulting from performing (or failing to perform) any duties or functions, and Southlake Baptist Church is hereby released from liability to the participant or his parents for any and all damages, losses, costs, expenses and liabilities arising out of any incident to or resulting from such performance or failure to perform, even though caused in whole or in part by the negligence (whether by act of omission or commission), gross negligence, strict liability or other legal fault of Southlake Baptist Church.

Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

\*Signature must be in place in order for child to participate



**SOUTHLAKE**  
BAPTIST CHURCH



SouthlakeBaptist



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