

Use the following thoughts and questions to have a spiritual conversation as a family. Don't emphasize having the right answer, but focus on spending time discussing the Word as a family.

## Scripture

Matthew 14:22-36

## Session Summary

The scene began with Jesus sending His disciples away in a boat as He went to pray alone. In verse 23, we see Jesus' motivation for retreating away from the crowd was to get alone with God the Father and pray. Jesus, being fully human, needed time to rest and recuperate. Jesus was in prayer when the disciples began struggling to navigate their course during a violent storm. The disciples had been alone for hours, the weather and waves were battering their boat, and then off in the distance, they saw what they thought might be a ghost approaching them. It was Jesus! Peter takes a step out of the boat and begins walking on water himself. The strength of the wind assaulted his assurance and like an anvil doubt made him sink. But in a moment of complete despair and fearfulness, Peter did the right thing by calling for Jesus. In that moment, the disciples confessed that Jesus is truly the Son of God.

## Conversation Questions

- How has our family been intentional with spending time alone with God?
- What are some storms that our family has experienced?
- Why are we tempted to take our eyes off Jesus when we face the storms of this life?
- How does knowing Jesus has full authority over everything, including the wind and waves, bring comfort?

## Family Challenge

Even Jesus, being fully divine, needed time alone with the Father. How much more desperately do we need that time with Him? Discuss why time alone with God is so important and what this could look like for each member of the family. Create a plan of accountability to help make time with God a top priority this week.