

Use the following thoughts and questions to have a spiritual conversation as a family. Don't emphasize having the right answer, but focus on spending time discussing the Word as a family.

Scripture

Matthew 5:13-16; 6:1-4; 7:19-24

Session Summary

We are called to be salt and light to the culture around us, to be set apart and different in the way we act and treat others. We are called to be the salt of the earth, preserving the truth of God's Word for a people who need to hear it. Jesus also said His followers are the light of the world. We were made to shine light into the darkest corners of creation for the glory of God. It is God who lights our lamp (Ps. 18:28), and He lights it through the sacrifice of His one and only Son, Jesus, the true Light of the world (John 8:12). And while that is important, the motive behind our actions should be honoring to God as well.

Conversation Questions

- What would it look like for our family to be salt in the the culture around us?
- How can we do a better job of being a light to the world?
- What are some ways we can be checking the motives behind our good works?
- How can our family do a better job of making more of Jesus and less of ourselves?

Family Challenge

Purchase an inexpensive salt shaker for each member of your family. Write out the verse from Matthew 5:13 on the salt shaker, then discuss the importance of saltiness in this world. Make sure to put each shaker where it can serve as a reminder to being salty as you go about the day.