

Journal Page



- What does this story teach me about God or the gospel?
- What does this story teach me about myself?
- Are there any commands in this story to obey? How are they for God's glory and my good?
- Are there any promises in this story to remember? How do they help me trust and love God?
- How does this story help me to live on mission better?

FAMILY DISCUSSION STARTERS

- Why is knowing Jesus so important?
- How can we know Jesus better?
- What is the wonderful prize we get for following Jesus?

Running the Race

Philippians 3

STORY POINT: FOLLOWING JESUS IS LIKE RUNNING A RACE FOR A WONDERFUL PRIZE.

Paul wrote a letter to the church at Philippi. He reminded them that true joy comes only from knowing Jesus. This is what Paul said.

“Rejoice in the Lord. As you live, watch out for people who do evil things. We are true believers if we worship by the Spirit, not trusting in ourselves or our abilities.” Paul said that if anyone could be confident in his own abilities, it was him.

But now that Paul knew Jesus, the things that were once important to him did not matter at all. Nothing is more important than knowing Jesus!

Paul wrote, “My goal is to know Jesus and the power of His resurrection.” God brings us into His family and wants us to know Jesus.

Paul said, “This is what I do: I forget what is in the past and look ahead to the future. I run after the goal of knowing Jesus. This is a heavenly prize.”

Paul encouraged the Philippians to follow his example.

Christ Connection: Following Jesus is like running a race for a wonderful prize. We remember that Jesus never sinned but He endured the cross so we can have forgiveness of our sins. We press on to fully know Jesus and share in His victory for eternity.



FOLD

How Long Does It Last? |

Write on the timeline some things that last for each period of time given. What doesn't last long? What lasts forever?



Road Race |

Play this game with a friend or two. On your turn, roll a numbered cube. Move a coin or other marker that number of spaces. Use the word to share a statement about the Bible story or another Bible story you know.